

Summer 2011

# GOWER POOL

GOWER ESTATES POOL, INC. EST. 1963

Visit us at [www.gowerpool.com](http://www.gowerpool.com)

## GOWER BOARD 2011

### President

Rob Hall

### Past President

Clyde Roe

### Secretary

Kim Geddie

### Treasurer

Scott Sanders

### Social Committee

Entire Board

### Swim Team

Chris Lupo

May Beth Watts

### Maintenance

Jim Murray

David Seaver

Rush-Baker Caldwell

Trecy Watson

### Security

Bo Greene

### Communications

Carol Hill

### Membership

Clare Jones

## Gower Pool Memorial Day Party!

**Monday, May 30th**

Supper 5:30 - 7:00 p.m. (free of charge)

Come celebrate the start of summer at Gower!

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### Pool Hours of Operation for 2011 Swim Season...

**OPENING DAY is Saturday, May 28th!**

**Weekdays:** 10:00 a.m. – 9:00 p.m.

**Saturdays:** 10:00 a.m. – 9:00 p.m.

**Sundays:** 1:00 p.m. - 9:00 p.m. May 29th until July 17th  
1:00 p.m. - 8:00 p.m. July 24th until September 4th

**School Day** operating hours after opening are 12:00 p.m. - 8:00 p.m.  
We will be open 10 a.m. - 8:00 p.m. Memorial Day, May 30th.

The front pool will be closed to swimmers on the days of our home swim meets. These dates are June 2, June 9, and June 16th. Members may use the back pool until 1:00 p.m. at which time the pool will close for swim meet set up.

## **From the President...**

Dear Gower Pool Members,

Summer is around the corner and your Pool Board has been hard at work to ensure that summer 2011 at Gower will be all that you want it to be.

Before I give everyone an update, I want to thank Clyde Roe and the 2010 Board for a job well done! Also we are pleased to welcome Bo Greene, May Beth Watts, Scott Sanders and Chris Lupo to the 2011 Board. These new members along with Carol Hill, Clyde Roe, Jim Murray, Kim Geddie, Rush-Baker Caldwell, Trecy Watson, David Seaver and myself make up this year's Board.

Susan Taylor is this year's Swim Team Mom and has big shoes to fill after a wonderful job done by Suzanne Sanders. Susan is a hard worker and committed to being successful and has 100% of the Board's support.

Since the pool closed last summer, your Board has been focused on making sure that all maintenance issues have been addressed and that your pool is both safe and DHEC compliant. Additionally, we are in the process of adding some security measures to protect your investment year-round.

As with any investment, there comes a time to look at your options on how to enhance its value. With this in mind, your Board is establishing a Planning Committee to research and develop a plan and budget to upgrade the lower pool. We are excited about the possibilities and look forward to sharing this information with the membership in the near future.

Your Board takes its job seriously and I am glad to be associated with such a great group of men and women who love the Gower Family and its traditions. Your Board is committed to living within the budget, providing a quality lifeguard staff, having a pool that is both clean and safe and protecting your investment.

In closing let me ask everyone to check the website frequently for important updates and also to read this newsletter thoroughly as it contains information that will help make your summer at Gower more enjoyable. Gower is a great facility that needs to be utilized by all its members. So come out this summer and enjoy your pool, you deserve it!

Looking forward to a fun summer!

Kindest Regards,

**Rob Hall**

President

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# SWIM TEAM NEWS..

## FROM THE HEAD COACH...

Greetings Gower families,

The SAIL season is quickly approaching and I am excited to be back once again as Gower's Head Coach. It is truly an honor to be given the opportunity to coach one final season for the greatest team in the league!

For those of you who don't know me, I have been associated with Gower swimming for over 15 years. This will be my 6<sup>th</sup> season as a Gower coach and in addition to my experience in SAIL, I have also been an assistant coach at Team Greenville and served time as Head Age Group Coach at Clemson Aquatic Team. Swimming is in my blood and although I have been a year round swimmer, a high school swimmer, and worked closely with the Clemson University swim team, my greatest memories have come from my experiences at Gower.

Speaking on behalf of an awesome and talented staff of coaches, our number one goal is to give your child the best possible stroke instruction while having as much FUN as we can. Whether your child will be trying the sport for the first time or whether they will be an old veteran in the pool, we promise that this will be a summer that they will look back on and remember as being one of the best summers ever.

Anna Kay, Carson, Chandler, Emily, Gregory, Julia, Tom and I look forward to seeing all of you at practice this summer. If you have any questions feel free to contact me at [HMWilli@clemson.edu](mailto:HMWilli@clemson.edu).

Go Gower,  
Harry

### 2011 Swim Team Coaches

**Harry Williamson - Head Coach**

#### Assistant Head Coaches

**Anna Kay Johnson  
Gregory Sanders**

#### Assistant Coaches

**Carson Jackson  
Tom McAfee  
Emily Sanders  
Chandler Watts  
Julia Woodside**

**Susan Taylor, 2011 Swim Team Mom  
swim@gowerpool.com or 616-2334**

### 2011 Guppy Coaches

#### Head Coaches

**Holly Lindler and Katie Lindler**

#### Assistant Coaches

**Emma Anderson, Carter Gaines  
Mary Brandon Groce, Olivia Hill**

#### Volunteers

**Lillie Anderson, Chloe Caudell, Madelyn  
Dullea, Luci Ellison, Jeni Erickson, Gray  
Geddie, Kathleen Hill, Mattie Hogan, Ellie  
Howard, Brice Lee, Payton Legrand, Ellen  
Maloney, Moseley Palms, Tucker Shaw,  
Barrett Taylor, Hannah Voyles, Mills Watts,  
Taylor Williams  
Maridel Shaw - Team Mom**

## 2011 Meet Schedule and Important Dates:

Meet 1	Tuesday, June 2nd	Woody Creek @ Gower
Meet 2	Thursday, June 9th	GCC @ Gower
Meet 3	Thursday, June 16th	Stone Lake @ Gower
Meet 4	Thursday, June 23rd	Gower @ Sugar Creek
Meet 5	Tuesday, June 30th	Gower @ Thornblade



Red Division - July 8th and 9th at Sugar Creek  
Championships - July 16th at Westside Aquatics Center  
Classics - July 17th at Westside Aquatics Center  
Swim Team Banquet TBD - Tuesday, July 19th

## Swim Team Social Dates...

June 6th - 8 and under Social at Gatti Town

June 7th - Guppy Social at Chuck E. Cheese's

June 20th - 9/10 Social at the Skate Place

June 27th - 11/12 Social at Frankie's Fun Park

June 24th - 13 and Up Lake Social

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## Please remember it takes a team to make it all happen...

Gower Swim Team is a FAMILY and it takes the entire family to run Gower Swim Team! A swim team and a swim meet require many, many volunteers. If you have a child on the team, you MUST volunteer to fill at least one position for the team or during the meets. Volunteer forms are attached to your registration forms. These MUST be completed with your registration forms.

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## Swim Team Practice Schedule

### May 9th - June 1st:

4:00 – 5:00 8 and under in both pools  
5:00 – 6:00 9 and 10's front pool / 11 and 12's back pool  
6:00 – 7:00 13 and up

### Beginning June 6th through Red Division:

#### Morning

9:00 – 10:00 8 and under front pool  
9 and 10's back pool  
10:00 – 11:00 11 and 12's  
11:00 – 12:00 13 and up

#### Afternoon

3:00 – 3:45 8 and under  
3:45 – 4:30 9 and 10's  
4:30 – 5:15 11 and 12's  
5:15 – 6:00 13 and up

#### Friday Practice

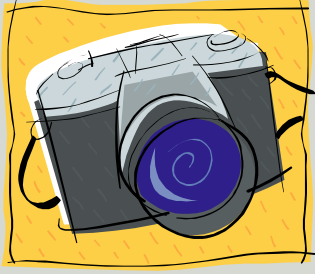
10:00 – 11:00 10 and under  
11:00 – 12:00 11 and up  
11:00 a.m. - Noon 11 and up

## SWIM TEAM SUIT... Speedo Cyber Swirl



To order a swim team suit contact Suzanne Sanders at 979-1098.

**Suits must be pre-ordered and may not be exchanged or returned.**  
Please be absolutely sure the size is correct when ordering. Suzanne can give you more information if you have questions.



## **Ben Mullinax offers Individual Team Portraits for your Gower swimmer**

More information on this opportunity to purchase individual photographs of your swimmer can be found on the Gower website under the swim team tab.

To access this: [http://www.gowerpool.com/individual\\_team\\_portraits.php](http://www.gowerpool.com/individual_team_portraits.php)

To see some of these photos

[http://mullinaxpatent.smugmug.com/Gower-Swim-Team-2008/Individual-Portraits/5433995\\_JxMkA#332276133\\_geU37](http://mullinaxpatent.smugmug.com/Gower-Swim-Team-2008/Individual-Portraits/5433995_JxMkA#332276133_geU37)

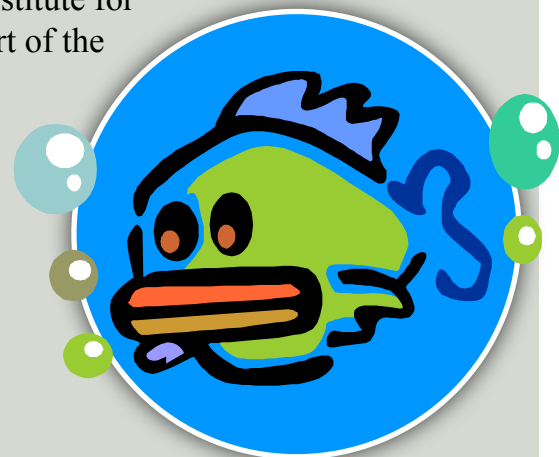
## **It's not too late to sign up! Registration for Regular Swim Team and Guppies Too!**

Registration forms are available online under the swim team tab of the Gower Pool website. To expedite registration, you can print and complete the forms without leaving your home. Turn in completed forms to Amy Rogers, 532 Pimlico Road. All forms must be filled out completely along with a volunteer sheet. Make sure to attach your completed fee sheet and a check.

To access swim team forms click visit: [http://www.gowerpool.com/become\\_a\\_team\\_member.php](http://www.gowerpool.com/become_a_team_member.php)

### **Guppy Information...**

The Guppies program is for young swimmers who may not quite be ready for the regular swim team. The only requirement is that a child be able to swim the width of the pool in any stroke, without stopping, walking on the bottom, or being helped. In borderline cases, a child may participate in the program for the first two weeks in an effort to meet this goal. Registration fees, minus \$6.00 SAIL insurance fee, will be returned if there is unforeseen difficulty in achieving the Guppy swimmer's goal and/or happiness. However, this program is not to be considered as a substitute for swimming lessons. There is no age limit in Guppies. Guppies are part of the Gower swim team and will participate in all socials, pep rallies and team photo. Guppies will participate in their own awards ceremony and receive their team gift at that time. Guppies may agree to move up to the regular swim team during the swim season, based on the judgment of the coaches and the permission of the parents. For safety's sake, each Guppy needs an assigned or delegated individual to be available during each practice.



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## **Guppy Schedule:**

### **Practice begins on Monday, May 23rd**

Practice May 23rd - May 26th 6:30 - 7:00 p.m.

No practice Friday, May 27th and Monday, May 30 for Memorial weekend.

No practice Thursday, June 2nd due to Big Team swim meet.

Parent Meeting during Wednesday, June 1st practice.

Tryouts June 3rd at 12:30pm

Regular practice begins June 6th 12:30-1:00 p.m. and 1:00 - 1:30 p.m.

Practice groups will be determined by coaches and Guppy Mom and practice times assigned to those groups.

Questions, email Guppy Mom, Maridel Shaw at [guppyswim@gowerpool.com](mailto:guppyswim@gowerpool.com).

## **Guppy Calendar**

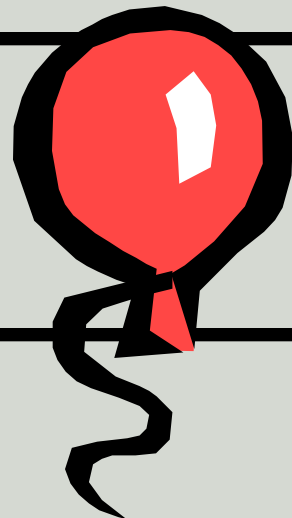
Thursday, June 3rd	Tryouts
Tuesday, June 7th	Social at Chuck E. Cheese
Friday, June 10th at 4:30 p.m.	Inter-squad Meet
Thursday, June 16th	Guppy Parade before Stone Lake Meet
Friday, June 17th at 5:30 p.m.	Swim Meet at Gower
Wednesday, June 22nd	Guppy Awards Banquet

**Don't Forget... parent volunteers will be needed for snacks and help during the meets.**

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### **Need to Schedule a Party?**

Contact Lori Kellett at Upstate Pool to schedule a party at Gower. Her number is 688-1143. You can find the Gower Party Request form on the Gower website under the Rules & Regulations tab.



## Keep Gower Updated

In an effort to keep our email directory up to date, if there has been a change in the past year with your address, email address, or child listings, please take a minute to update our records by going to [www.gowerpool.com](http://www.gowerpool.com) and click on the link "Give us your contact info HERE" on the home page to submit those changes. PLEASE SUBMIT ONLY IF THERE HAVE BEEN CHANGES. Any questions, email [ginny.reeves@gowerpool.com](mailto:ginny.reeves@gowerpool.com) or [info@gowerpool.com](mailto:info@gowerpool.com).

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### Gower is BLUE and Green...

In an effort to conserve paper and extra expense, Gower Pool limits its newsletter mailings. To stay up to date on pool information, please visit our website at [www.gowerpool.com](http://www.gowerpool.com) and check your email often for the latest Gower updates.

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### Guest Policy

A. Fees for Greenville County guests: \$3.00 per person, up to a maximum of \$5.00 per family per visit. Guest fees are payable to the attendant upon entering the pool upon completion of a Guest Registration Form. Guests must be accompanied by a pool member. Guests may reside in any area of Greenville County, including Gower Estates. An individual may be a guest a maximum of ten times per year.

B. Guests from outside Greenville County: Out of town guests may accompany pool members to the pool. They will be admitted free of charge and must register as a visitor with lifeguard or attendant upon entering pool.

C. Pool members are responsible for advising their guests of all pool rules and regulations.

\*No one will be permitted to enter the pool except under the guidelines described above in sections 2 and 3.

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### Dues Information

Please note that there is a 15 % late fee (\$67.50) for dues that are paid after March 31st. If dues are not paid by April 30th, an additional 15% late fee (\$67.50) will be applied. Any member dues that are not paid by May 15th will unfortunately result in the loss of membership. Should you have questions regarding dues, please contact Clare Jones at [clare.jones@gowerpool.com](mailto:clare.jones@gowerpool.com) or 288-9405.



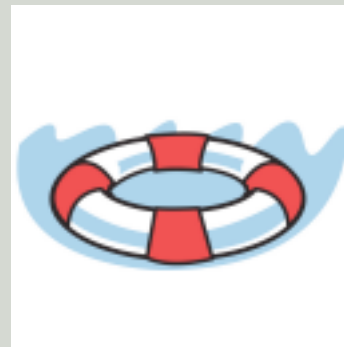
## 2011 GOWER POOL BOARD CONTACT INFORMATION

POSITION:	NAME:	EMAIL:
President	Rob Hall	<a href="mailto:rob.hall@gowerpool.com"><u>rob.hall@gowerpool.com</u></a>
Past President	Clyde Roe	<a href="mailto:clyde.roe@gowerpool.com"><u>clyde.roe@gowerpool.com</u></a>
Secretary	Kim Geddie	<a href="mailto:kim.geddie@gowerpool.com"><u>kim.geddie@gowerpool.com</u></a>
Treasurer	Scott Sanders	<a href="mailto:scott.sanders@gowerpool.com"><u>scott.sanders@gowerpool.com</u></a>
Security	Bo Greene	<a href="mailto:bo.greene@gowerpool.com"><u>bo.greene@gowerpool.com</u></a>
Swim Team	Chris Lupo May Beth Watts	<a href="mailto:chris.lupo@gowerpool.com"><u>chris.lupo@gowerpool.com</u></a> <a href="mailto:maybeth.watts@gowerpool.com"><u>maybeth.watts@gowerpool.com</u></a>
Maintenance	David Seaver Jim Murray Trecy Watson Rush-Baker Caldwell	<a href="mailto:david.seaver@gowerpool.com"><u>david.seaver@gowerpool.com</u></a> <a href="mailto:jim.murray@gowerpool.com"><u>jim.murray@gowerpool.com</u></a> <a href="mailto:trecy.watson@gowerpool.com"><u>trecy.watson@gowerpool.com</u></a> <a href="mailto:rushbaker.caldwell@gowerpool.com"><u>rushbaker.caldwell@gowerpool.com</u></a>
Communications	Carol Hill	<a href="mailto:carol.hill@gowerpool.com"><u>carol.hill@gowerpool.com</u></a>
Membership	Clare Jones	<a href="mailto:clare.jones@gowerpool.com"><u>clare.jones@gowerpool.com</u></a>

### THANKS!

The Gower pool board acknowledges with great appreciation the continued dedication and support of **Ginny Reeves** for her assistance in maintaining the Gower Pool website and Constant Contact. Her contribution to keeping our members informed is invaluable.

We also thank **Clare Jones** for her many years of outstanding service to Gower Pool. Her diligent handling of the membership and budget keeps us operating smoothly year after year. Thank you Clare!



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## Deep Water Test

Children (including guests) ages 9 through 11, who have passed the deep-water test, may come to the pool unaccompanied. The deep water swim test must be completed each swim season. The Gower Deep Water Swim Test form **MUST** be completed by a parent prior to administration of the test. The form can also be found on the Gower website under the Rules & Regulations tab. The lifeguards will administer this test.

Passing the deep water test consists of:

- (a) Swimming the length of the pool with an overhand (crawl) stroke.
- (b) Treading water in the deep end for 3 minutes and jumping off the low diving board.
- (c) Having a permission slip signed by child's parent or guardian. Forms will be available on the website and with the pool guards.

Children 12 and over may be admitted to the pool unaccompanied, regardless of swimming ability.

Any violation of above rules will result in lifeguards calling parents to pick up child immediately.

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Gower Deep Water Swim Test

**This form must be signed and given to the guard  
BEFORE the test may be administered.**

Child's Name: \_\_\_\_\_ Birth Date: \_\_\_\_\_

Parental Permission:

I, \_\_\_\_\_, hereby give permission for my child, \_\_\_\_\_, to take part in a deep-water swim test. This test will be administered according to the Rules and Regulations of Gower Pool, Inc. I understand that this test will be administered by a certified lifeguard and by passing the test my child will be allowed to use the Gower Pool without my supervision.

Parent Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Emergency Contacts:

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_

Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_

Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

Certification:

I, \_\_\_\_\_, (lifeguard) certify that the above mentioned child was administered the deep-water swim test and satisfactorily passed the test.

Lifeguard Signature: \_\_\_\_\_ Date: \_\_\_\_\_



Gower Estates Pool  
P.O. Box 6372  
Greenville, SC 29606