

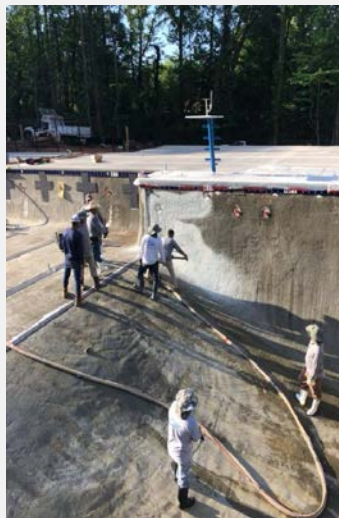
Gower Pool

Gower Estates Pool, Inc. Est. 1963 | www.gowerpool.com | (864) 297-9903 | swim@gowerpool.com

Our brand new pool with 8 lanes is OPEN - Just in time for Summer 2018!

We hope everyone has made it by our beautiful
new pool to jump in or at least check it out!
#ourhouse #newpoolsamefamily

Visit @Gowerpool Facebook page for all the pictures and
videos of the pool
renovation.



Upcoming Events

June 1 - SWIM MEET

GOWER @ Sugar Creek

June 7 - SWIM MEET

Woody Creek @ GOWER

June 11

8 & under Social

June 12

9/10 Social

June 13

SAIL night at Greenville
Drive

June 14 - SWIM MEET

Devenger @ Gower



Follow us on

Twitter 

@gowerpool and

[Facebook](https://www.facebook.com/gowerpool)

2018 Gower Swim Team: Coaches



Delaney
Wannemacher,
Madelyn Dullea,
Kailee Morgan,
Hudson Davis,
Emily Gowan –
Meet Captain,
**Tucker Shaw – Head
Coach**,
Wilkins Norwood,
Kirkley Norwood, &
Cooper Shaw

Dear Gower families,

I hope that everyone has been having a great season so far. For those who do not know me yet, my name is Tucker Shaw and I am your 2018 Gower Swim Team Head Coach. This is my fourth year coaching and my first year as head coach. I am super stoked to come back and lead Gower in the 2018 summer season! This season is going to be full of fun! I, along with my amazing coaching staff, will provide your kids with endless amounts of fun and memories for the rest of their lives. My staff of Wilkins Norwood, Hudson Davis, Kailee Morgan, Kirkley Norwood, Cooper Shaw, Delaney Wannemacher, and Madelyn Dullea were selected from a highly competitive pool of applicants for this year's staff. They were chosen for their work ethic, ability to effectively teach the proper stroke disciplines and their love for Gower to coach your kids under my lead. Our goal this year is to push each of our swimmers out of their comfort zones in a safe and friendly environment while providing them with a fun atmosphere to make new friends and grow in the sport. Each of my coaches will properly guide your children on what it means to be a Gower swimmer. Gower is often regarded as the outcasts in SAIL swimming. We are this way because Gower is not merely a swim team, but rather a large family who enjoys having fun and is not afraid of showing why we are the BEST! No other team in SAIL has what we have. Our spirit and love for one another and for our team is what makes Gower the best family in Greenville County. This season we will continue the traditions that have been set before us and will instill them into our swimmers. Your kids will become a part of something bigger than themselves, and will understand why being a part of Gower is truly special. As this is my final year coaching, I will cherish every moment I spend with your child and will do my best to influence them to become a better person and to understand that Gower is a special family to be a part of. Thank you for allowing your kids to swim for the best family in Greenville, and I promise that me and my coaches will do our best to influence them to become better people, and to make memories that will last a lifetime!

If you have any question feel free to contact me (864-344-2266) or my coaches or email us at gowercoaches@gmail.com. Thank you again for allowing your child to be a part of this family. It is truly a special thing to be a part of.

Very Respectfully,

Tucker Shaw
2018 Gower Swim Team Head Coach

2018 Swim Meet Schedule



Friday, June 1

Gower @ Sugar Creek

Thursday, June 7

Woody Creek @ Gower

Thursday, June 14

Devenger @ Gower

Thursday, June 21

Gower @ Greenville Country Club

Thursday, June 28

Gower @ Stone Lake

Friday, July 6

RED DIVISION at Gower for 10 & under

Saturday, July 7

RED DIVISION at Gower for 11 & up

Saturday, July 14

Championships* at Westside Aquatic

Sunday, July 15

Classics* at Westside Aquatic

Directions to all Away Meets are available on the Gower Swimming website:

<https://gogower.swimtopia.com/maps-slash-directions>

***must qualify for these meets**



**ALL IT TAKES...
IS ALL YOU'VE GOT
GOWER SWIMMING**



2018 Swim Practice Schedule

Beginning Monday, May 14th

3:30 - 4:30 8 & under and 9/10

4:30 - 5:30 11/12 and 13 & Up

(There is no practice Friday, May 25 or Monday, May 28 for Memorial Day weekend)

Beginning Monday, June 11th:

Mondays through Wednesdays:

Morning Practice:

9:00 – 10:00 8 & Under AND 9/10 (both pools)

10:00 – 11:00 11/12

11:00 – 12:00 13 & Up

2:00 – 3:00 Stroke Clinic

Afternoon Practice:

3:00 – 3:45 8 and Under

3:45 – 4:30 9/10

4:30 – 5:15 11/12

5:15 – 6:00 13 & Up

Thursdays: *Day of Swim Meets June 7, June 14, June 21, and June 28*

10:00 - 10:45 10 and Under

10:45 - 11:30 11 and Up

Friday Practice: *Fun Friday begins on June 8th.*

10:00 – 11:00 10 and Under

11:00 – 12:00 11 and Up



2018 Swim Team Moms

**Elizabeth Etheridge &
Katherine Morrissey**

You may contact
them by emailing
at swim@gowerpool.com

Due to the number of children involved and the type of practice schedule, parents are asked to refrain from coming on the pool deck during practice. Please do not call the coach at the pool during practice. If you would like to discuss any observations or ask any questions, please leave a message in the coaches' box and the appropriate person will contact you as soon as possible. You are also welcome to contact any member of the swim team committee.

Just a reminder: The pool does not open until 10:00 am. Swimmers should not be at the pool unless they have practice scheduled.

Swimmers are at all times expected to follow the directions and instructions of the coaching staff. A respectful attitude toward coaches and teammates will be required. Some of the goals for the Gower Swim Team are to promote respect and sportsmanship, self-discipline and commitment. Therefore, abusive language, lying, stealing or vandalism will not be tolerated. Swimmers will be asked to leave practice if they fail to respond to verbal warnings. Coaches or Team Parents will contact parents and expect immediate improvement or swimmers will not be allowed to return to practice.

Important Swim Team Dates

Friday, June 1	Gower @ Sugar Creek
Thursday, June 7	Woody Creek @ Gower
Tuesday, June 12	9/10 Social @ Roller Time (formally The Skate Place)
Wednesday, June 13	SAIL night @ Greenville Drive, Fluor Field
Thursday, June 14	Devenger @ Gower
Monday, June 18	11/12 Social @ Frankie's Fun Park- 45 Woodruff Park Drive
Thursday, June 21	Gower @ Greenville Country Club
Friday, June 22	13 & Up Lake Party @ Geddie Lake House
Thursday, June 28	Gower @ Stone Lake
Sunday, July 1	Luau @ Gower Pool
Friday, July 6	RED DIVISION at Gower for 10 & under
Saturday, July 7	RED DIVISION at Gower for 11 & up
Saturday, July 14	Championships* at Westside Aquatic
Sunday, July 15	Classics* at Westside Aquatic

Please visit the **Gower Swim Team website** at
<https://gogower.swimtopia.com/social-calendar>
for detailed information and waivers.



Gower Guppies!

Guppy Moms:

Kristen Armaly and Tricia Craddock

guppyswim@gowerpool.com

♥ [#weloveourguppies](#) [#GoGower](#)



The Guppy program is for young swimmers who may not quite be ready for the regular swim team. There is no age limit for Guppies. The only requirement is that a child be able to swim the width of the pool in any stroke, without stopping, walking on the bottom, or needing assistance.

There will be a Guppy tryout event in order to assess this requirement. Prior to the Guppies tryout event, each Guppy will have the opportunity to attend several practices. Registration fees, minus \$8 SAIL insurance fee, will be returned if there is unforeseen difficulty in achieving the Guppy swimmer's goal and/or happiness. However, this program is not to be considered as a substitute for swimming lessons.

Guppies are part of the Gower Swim Team and are encouraged to participate in all socials and pep rallies. Guppies will participate in their own team photo awards ceremony. Guppies may move up to the regular swim team during the swim season based on the judgment of the coaches and the permission of the parents. For safety's sake, each Guppy needs an assigned or delegated individual to be available during each practice. Also, each Guppy will need a parent volunteer to provide snacks at some point during the season. We welcome parent volunteers to assist at meets, socials and the awards banquet. Please see one of the Guppy Moms if you are available to help. Once the season begins, all communication updates will be through e-blasts, social media accounts (Facebook & Instagram), and Remind101.

Please email any questions you have to Guppy Moms, Kristen Armaly and Tricia Craddock at guppyswim@gowerpool.com.

Our Guppy Coaches for this year are: Bruce Bannister (Head Coach), Charlotte Davis, John Etheridge, Carter Ivester, Rivers Ivester, Sloan Norwood, and Jillian Schneider (Assistant Coaches). In addition to this year's excellent coaching staff, we also have many gracious Guppy Volunteers.

For the safety of all Guppies, Coaches, and Volunteers, we ask that all parents and siblings stay off of the pool deck during practice and meets to ensure that the Guppies, Coaches, and Volunteers are focused and to minimize distraction.

We look forward to a great 2018 Gower Guppy Swim Season!



2018 Guppy Coaches

Bruce Bannister,
Head Coach
Charlotte Davis
John Etheridge
Carter Ivester
Rivers Ivester
Sloan Norwood
Jillian Schneider

Guppy Calendar & Practice Schedule

May 29 Guppy Volunteer meeting, 6:00 pm

May 29 Guppy Practice & Tryouts, 6:30 - 7:15 pm.

*(Tryouts for willing participants will begin at 7 pm. *Swimmers who tryout on Tuesday night should not return to practice on Wednesday and Thursday.)*

May 30 Guppy Practice & Tryouts, 6:30 - 7:15 pm.

*(Tryouts for willing participants will begin at 7 pm. *Swimmers who tryout on Wednesday night should not return to practice on Thursday.)*

May 31 Guppy, 6:30 - 7:15 pm. *(Final tryouts for participants will begin at 7:00 pm.)*

June 4 - 6 Practice, 6:30 - 7:15 pm for all Guppies ****Note this is a change from when originally published****

June 8 Guppy Team Picture at 4:30pm and Intrasquad Meet at 5:30pm

June 11 - 12 Practice 12:30 - 1:00 (last names A-L), 1:15 - 1:45 (last names M-Z)

June 13 Guppy Social - Pump It Up, 5:30 pm - 7:30 pm

June 14 Guppy Parade: 3:15 pm *(Before Big Swim Team Meet)*



June 15 Intrasquad Meet: 5:00 pm

June 18 - 20 Practice 12:30 - 1:00 (last names A-L), 1:15 - 1:45 (last names M-Z)

June 23 Intrasquad Meet: 10:00 am (Saturday)

June 25 - 27 Practice 12:30 - 1:00 (last names A-L), 1:15 - 1:45 (last names M-Z)

June 27 Guppy Fairy

June 29 Intrasquad Meet at 5:00 pm – Guppy Banquet Following Meet



Safety is always the forefront concern of the board. We take seriously the responsibility you have given us to ensure the safety of our members. We want to encourage each of our members to read our pool rules posted on our website. ALL members are required to follow these rules and our lifeguard staff has full authority to enforce them.

If you believe a rule is not being properly enforced please notify a staff person or any member of the board. Link to Gower Pool Rules & Regulations:

http://www.gowerpool.com/rules_regulations.php

Please remember....

Children who are not toilet trained are not permitted in the large pools at any time. (This rule is necessary for health reasons and because the pool water is never completely changed, only filtered. Swim diapers can delay hazardous germs from leaking into the water for a few minutes, but swim diapers do not keep these germs from contaminating the water.)

Guest Policy

A. Fees for guests: \$3.00 per person, up to a maximum of \$5.00 per family per visit. Guest fees are payable to the attendant upon entering the pool upon completion of a Guest Registration Form. Guests must be accompanied by a pool member. An individual may be a guest a maximum of ten times per year.

B. Pool members are responsible for advising their guests of all pool rules and regulations.

To better serve our members, beginning June 9, 2015, all guests are required to wear a wristband that will be provided by a lifeguard once guest fees have been paid and a Guest Registration Form completed. As a reminder, you are responsible for your guests and their behavior, as well as your children's guests. Thank you for your help in making our pool enjoyable for all of our members.

***Please note that any special holiday celebrations such as Memorial Day and Fourth of July are for members only.*



Welcome to Summer 2018!

We at **Sweetwater Pools** are absolutely thrilled to be back and staffing the beautiful, brand new pool at Gower Estates!

After a rainy start to the pool season, the sun is out just in time for summer vacation. Throughout the summer, you will see a mix of returning lifeguards from the last year or two and some new faces that are excited to be working and getting to know you and your families. Please make sure to take a moment to introduce yourselves and get to know each of them.

It was a long off season with a lot of work put in around the pool, but it certainly paid off and everything looks fantastic. We are looking forward to cheering all of those swimmers on at each of the swim meets. **Go Gower!**

Have a great summer!

Your lifeguards and managers at Sweetwater Pools