

Gower Pool

Gower Estates Pool, Inc. Est. 1963

www.gowerpool.com | (864) 297-9903 | swim@gowerpool.com

Welcome to another great summer at Gower! The weather is heating up and the swim team has already hit the water. Gower had another wonderful summer in 2014 and we are looking forward to an even better 2015. The Board of Directors and members have been working diligently to get the pool ready for this summer. Sweetwater Pools is back again to manage our pool and lifeguards. We all look forward to building on the great legacy of Gower, as well as establishing new Gower relationships that will last a lifetime.

Thanks also go out to the other retiring members from last year's board; Kathy Rumchak, Brad May and Sandra Howard. Their efforts were vital and the results of their work will remain a part of Gower. I also want to introduce this year's new members of the Board of Director's; Cheves Steck, Kevin Suddeth, William Brown and Elizabeth Chambers. They join the current Board Members; LeAnne White Vice President, Joel Norwood, Phillip Olar, Brandt Gilbert, Pat Gray, Lara Wannemacher and Suzanne Sanders.

Safety and proper etiquette remain pivotal to the enjoyment of Gower. Our lifeguards will diligently enforce our rules and we appreciate your support of the lifeguards and their efforts. Please make sure you review the rules with your children so there is no misunderstanding in case a Lifeguard needs to talk to them. I encourage all of you to introduce yourself and welcome them to the Gower Family.

I am happy to report that the financial state of Gower Pool is very strong. We do however have some maintenance and construction projects coming up on the horizon to ensure Gower's facilities for the future. We will have more information coming out this summer about the exciting future of Gower Pool.

As the hosts of Red Division last year we put out the Red Carpet for the other teams of Red Division and we did an amazing job.



Follow us on Twitter 
[@gowerpool](https://twitter.com/gowerpool), Facebook
and  Instagram:
[GowerSwimTeam](https://www.instagram.com/GowerSwimTeam)

GOWER POOL BOARD

President – [Harrison Cline](#)

Vice President – [LeAnne White](#)

Secretary – [Elizabeth Chambers](#)

Treasurer – [Phillip Olar](#)

Social Chair – [Suzanne Sanders](#)

Swim Team – [William Brown](#), [Lara Wannemacher](#)

Maintenance – [Brandt Gilbert](#), [Kevin Suddeth](#), [Pat Gray](#)

Long Range Planning – [Joel Norwood](#)

Communications – [Cheves Steck](#)

I want to thank last year's Swim Team Mom's Julia Morgan and Amy Murray. They, along with our coaches, led our team to another Red Division victory! Thanks can be spread around to many volunteers but especially last year's President Chris Ward, Mark Dullea and everyone who volunteered to help set up, break down and make Red Division possible.

We want to welcome Lara Wannemacher and Kim Geddie as our Swim Team Mom's this year. They are both longtime supporters of Gower and continue to lead by example! Our coaching staff is very excited to be working with our kids this summer and leading Gower to another Red Division victory!

Some of the most important aspects of Gower are our reputation, our dedication to winning and our belief that Gower is a family. We need to make sure that our enthusiasm, behavior and family atmosphere travel with us to meets at other pools and is always on full display when we invite other teams to our pool...OUR HOUSE. Our attitudes, expressions of respect, love of the Gower family and the examples we set for our younger swimmers must remain paramount. We expect our older swimmers to be leaders and to always lift others up.

I am looking forward to a great summer filled with memories that will last a lifetime!

Thank you for your patronage of Gower and I can't wait to see you at the pool.

Go Gower!!!

Harrison G. Cline
President

Safety on the way to the pool...at the pool...and on the way home...

We must always have the safety of our children as our first priority in our neighborhood. We have to remain vigilant about our surroundings. We encourage all members who walk to and from the pool to make sure they are walking with a friend or group. While at the pool please do not let non-members in without going through the main gate, for the safety of all our members. And of course never talk to strangers. Lastly, we must watch out for the other members of our Gower Family, so if you see anything that concerns you please alert a Lifeguard or adult as soon as possible.

A Message from Sweetwater Pools

It's Summer 2015 and all of us at Sweetwater Pools Upstate are so glad that you have chosen to have us managing your lifeguards and facility again this summer. Here at Sweetwater, we choose to make safety our first priority because we want your experience this summer to be the absolute best you've ever had. In order to do this, we have implemented strategic approaches to guarding in order to keep our lifeguards on top of their game. You will notice that our guards will not always be on the stand, but will walk the perimeter in order to keep themselves alert amidst the summer heat. Additionally, our guards are instructed to change positions every 5-10 minutes to prevent distractions and fatigue. Please notify us by phone, text (864-360-5924), or email (lauraharwood@sweetwaterpools.net) if you have a questions or concerns about any of our guards' performance. Photos of guards doing a great job serving patrons and keeping the pool safe, as well as, areas of concern are always welcome.

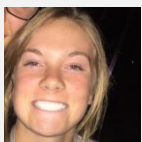
In addition to our guards, we're under new leadership this year as Sean Hare, Owner and President of SWP Upstate, has joined us from Texas and brings over 20 years of experience in the industry. And with Laura Harwood joining us again as Staffing Director, along with our incredible pool servicing staff, we believe that it's going to be a summer to remember. From all of us here at Sweetwater Pools, thank you and we look forward to seeing you at the pool!

The Staff at Sweetwater Pools Upstate

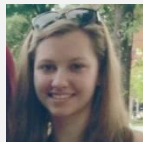
Gower Pool Lifeguards



Taylor



Carolyn



Emily



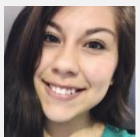
Garrett



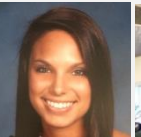
Jodi Ann



Ellie



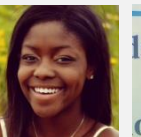
Kayla



Sara



Trey



Sydney



Sam

Gower Pool Rules Reminders....

Guest Policy

A. Fees for guests: \$3.00 per person, up to a maximum of \$5.00 per family per visit. Guest fees are payable to the attendant upon entering the pool upon completion of a Guest Registration Form.

An individual may be a guest a maximum of ten times per year.

B. Pool members are responsible for advising their guests of all pool rules and regulations.

Each hour the guards will call for a 10 minute safety break. During that time no child is allowed in the pool to include steps, ladders and diving board. **A parent may have 1 child under the age of 6 under their supervision** and be with the child in the pool during this safety break.

Children who are not toilet trained are not permitted in the large pools at any time.

(This rule is necessary for health reasons and because the pool water is never completely changed only filtered)

Back Pool

A. Will be available for lap swimming by adults 18 and older during times that the pool is not occupied for swim team or a private party.

B. Will be available for private parties for a charge.

C. No swimming in the back pool without a lifeguard on duty except for adults as identified in A.

Meet our 2015 Swim Team Coaches

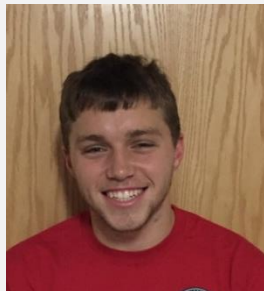
Clark Hickerson – Head Coach



Sydney Fisher – Assistant Head Coach



Allston Achille



Luke Boliek



Gray Geddie



Mattie Hogan



Ellen Maloney



Tucker Shaw

2015 Swim Meet Schedule



Friday, June 5

Thursday, June 11

Thursday, June 18

Thursday, June 25

Tuesday, June 30

Friday, July 10

Saturday, July 11

Saturday, July 18

Sunday, July 19

Gower @ Sugar Creek

Gower @ GCC

Orchard Farms @ Gower

Woody Creek @ Gower

Stone Lake @ Gower

RED DIVISION at GCC for 10 & under

RED DIVISION at GCC for 11 & up

Championships* at Westside Aquatic

Classics* at Westside Aquatic

*must qualify for these meets

2015 Swim Practice Schedule

Beginning Monday, June 8 (note no practice July 2nd or 3rd)

Morning Practice:

9:00 – 10:00	8 & under AND 9/10 (both pools)
10:00 – 11:00	11/12
11:00 – 12:00	13 & up
12:30 – 1:00	Guppies
1:15 – 1:45	Guppies
2:00 – 3:00	Stroke Clinic

Afternoon Practice:

3:00 – 3:45	8 and under
3:45 – 4:30	9/10
4:30 – 5:15	11/12
5:15 – 6:00	13 & up

Friday Practice:

10:00 – 11:00	10 and under
11:00 – 12:00	11 & up

Important Swim Team Dates

June 5	Gower @ Sugar Creek
June 9	8 & under Social at Monkey Joes
June 11	Gower @ GCC
June 15	SAIL Night at Greenville Drive
June 16	9/10 Social at The Skate Place
June 18	Orchard Farms @ Gower
June 23	11/12 Social at Dave & Busters
June 25	Woody Creek @ Gower
June 30	Stone Lake @Gower
June 19	Lake Party for 13 & ups
July 10	Red Division for 10 and Under at GCC
July 11	Red Division for 11 and Up at GCC
July 18 & 19	Championships & Classics

2015 Gower Swim Socials

Sign Up Sheets are at the Pool

8 & under - Monkey Joe's

Tuesday, June 9th

6:00 - 7:30

\$10 per swimmer, includes pizza & drink

Bring money that nigh to Monkey Joes and sign waiver at the door.

9/10 - The Skate Place

Tuesday, June 16th

6:30 -8:00

2310 River Road Piedmont SC 29673

\$10 includes rentals, pizza and drink

11/12 - Dave & Busters

Tuesday, June 23

6:30 - 8:00

1025 Woodruff Road (Magnolia Park)

Bring your own money - suggested amount \$25

Dinner on your own

13 & Up - Lake Party

Friday, June 19th

10:30 am-4:00 pm

Caravan leaves at 9:45 am

Be at the pool no later than 9:30 am.

Everyone is responsible for their own transportation

\$20 includes lunch, drinks, gas for boats & a full day of fun

PLEASE BRING A SNACK TO SHARE like cookies/chips/etc.!!!!

Questions? Please contact Jennifer King 864-787-1463

GO GOWER!



Gower Guppies

The Guppies program is for young swimmers who may not quite be ready for the regular swim team. The only requirement is that a child be able to swim the width of the pool in any stroke, without stopping, walking on the bottom, or being helped.

There was a Guppies tryout event in order to test this requirement. Prior to the Guppies tryout event, each Guppy had the opportunity to attend two practices. Registration fees, minus \$6 SAIL insurance fee, were returned if there was unforeseen difficulty in achieving the Guppy swimmer's goal and/or happiness. However, this program is not to be considered as a substitute for swimming lessons. There is no age limit in Guppies.

Guppies are part of the Gower Swim Team and will participate in all socials, pep rallies and team photo. Guppies will participate in their own awards ceremony and receive their team gift at that time. Guppies may agree to move up to the regular swim team during the swim season, based on the judgment of the coaches and the permission of the parents. For safety's sake, each Guppy needs an assigned or delegated individual to be available during each practice.

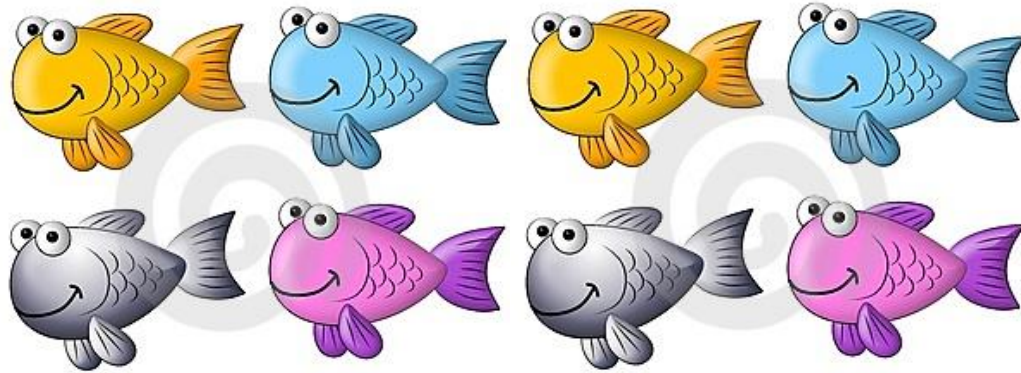
Please email any questions you have to Guppy Moms, Kim Troyer and Julie McGriff, at guppyswim@gowerpool.com

Don't forget parent volunteers will be needed for snacks and help during meets!!

2015 Guppy Coaches

Head Coaches: Wilkins Norwood & Thomas Sanders

Assistant Coaches: Delaney Wannemacher, Madelyn Dullea, Ellie Howard, Rivers Ivester



Guppy Calendar & Practice Schedule

June 3	Guppy Social – Pump-It-Up at 5:30
June 8-10	Practice 12:30-1:00 (last names A-G), 1:15–1:45 (last names H-Z)
June 12	Intrasquad Meet 5:00
June 15-17	Practice 12:30-1:00 (last names A-G), 1:15-1:45 (last names H-Z)
June 17	Guppy Fairy
June 18	Guppy Parade (Big Swim Team against Orchard Farms)
June 20	Stone Lake Meet @ 10 – Banquet following meet